

2010 Tufts Health Plan Scholarships

Tufts Health Plan is pleased to announce a scholarship program available to undergraduate students pursuing a career in the health care field who are eligible for coverage with the Group Insurance Commission (GIC).

In calendar year 2010, two individual \$2,500 scholarships are available to GIC-eligible **undergraduate** students **currently enrolled** in any accredited two- or four-year, public or private college or university, who have completed at a minimum one semester of classes. One of the student's parents and/or a legal guardian must be enrolled in coverage in any GIC health plan.

Each scholarship is merit based. Applications will be evaluated based on the cover letter, the student's college GPA, an essay, and a resume (if the student chooses to submit one), all of which must be received by Tufts Health Plan by 5 p.m. on July 30, 2010. A preference will be given to students who demonstrate an interest in a career in the allied health field.

Eligibility Criteria

- Undergraduate student currently enrolled full-time in any accredited two- or four-year, public or private college or university.
- Minimum college GPA of 3.0. The student must have completed at least one semester of college as of July 30, 2010.
- The applicant should demonstrate interest in a health care career. Preference will be given to those applicants who plan on a career in the allied health field.
- The student's parent or legal guardian must be enrolled in health insurance coverage through the GIC at the time of award.

Application Process Requirements

Please submit the following:

- Cover letter
- Application form
- Essay (see page three of this application)
- Copy of your most recent official college transcript
- Resume (optional)

All materials must be completed and received by Tufts Health Plan by 5 p.m. on July 30, 2010.

Award Procedure

- Scholarship recipients will be notified by August 27, 2010.
- Checks will be made payable directly to the registrar's office of the student's college or university and mailed on or before August 27, 2010.

Eligibility Exclusions

- Dependents of Group Insurance Commission employees and dependents of Massachusetts state employees who are appointed members of the Commission are not eligible.
- Previous scholarship recipients are not eligible.
- Undergraduate students who will graduate prior to August 27, 2010, are not eligible.



2010 Tufts Health Plan Scholarship Application

Student's Name _____
Last First MI

Social Security Number _____

Permanent Address _____
Street

City State Zip Code

Home Phone _____ **Work Phone** _____

Summer Address _____
(if different from above) Street

City State Zip Code

College/University and Address _____
Name

Street City State Zip Code

Current Major _____ **Current GPA** _____

Parent/Guardian Name _____

Parent/Guardian's Social Security Number _____

COMPLETED APPLICATIONS ARE DUE BY 5 P.M. ON JULY 30, 2010

Please mail to:

Sales – GIC
Tufts Health Plan
705 Mount Auburn Street
Watertown, MA 02472-1505

2010 Tufts Health Plan Scholarship Essay Question

Health care costs have been rising steeply for several years, despite efforts to control them. According to kaiserEDU.org, an online health policy resource sponsored by The Henry J. Kaiser Family Foundation, total health care spending nationwide has exceeded \$2.3 trillion (more than three times the \$714 billion spent in 1990), representing an average cost of \$7,700 per person per year.

What accounts for health spending?

Hospital care (31%) and physician/clinical services (21%) account for half (52%) of the country's health spending, according to the Centers for Medicare and Medicaid Services.

Additional leading drivers of health care spending include the following:

- Prescription drugs 10%
- Administrative costs/services 7%
- Nursing home care 6%
- Other professional services 6%
- Dental services 4%

Many analysts, according to the Kaiser Foundation, have cited controlling health care costs as critical to the economic stability and overall growth of the nation.

Given these facts:

- How would you recommend employers, health plans, and/or physicians lower the cost of health care?
- How would you lower costs while still ensuring access to high quality care?
- How would any cost improvements be sustained over time?

